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EJPRM systematic continuous update on Cochrane reviews in rehabilitation: news from the 1st and 2nd Issues of 2010.

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Abstract

AIM: Since 2007 we focused our attention as EJPRM to the best available clinical evidence as offered by the Cochrane Collaboration. Due to the absence of a specific Rehabilitation Group (only a Field exists), reviews of PRM interest are in different groups and not easy to find. Consequently, the EJPRM offer the service of listing and presenting all these reviews systematically. The aim of the present paper was to systematically review all the new rehabilitation papers published in the 1st and 2nd Issues of 2010 from the Cochrane Library in order to provide to physicians involved in the field a summary of the best evidence nowadays available. **METHODS:** The author systematically searched all the new papers of rehabilitative interest in the 1st and 2nd Issues of 2010 of the Cochrane Library. The retrieved papers have been then divided in subgroups on the base of the topic and the Cochrane Groups. **RESULTS:** The number of included papers was 9, 5 of these were new reviews. One new review deal with neurological rehabilitation, 2 with musculoskeletal disorders, 1 with cardiac rehabilitation. Moreover, 5 reviews have been updated, 2 related to musculoskeletal disorders, 2 to neurological disorders, and 1 to pelvic floor rehabilitation. **CONCLUSION:** The Cochrane Collaboration and its product, the Cochrane Library, are really relevant instruments to improve EBM in medical practice and thus also in the Rehabilitation Field. The present paper can help Rehabilitation Specialists to easily retrieve the conclusions of the most relevant and updated reviews in order to change their clinical practice in a more rapid and effective way.

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